Fidelity HealthSM

2024 Flexible Spending and Reimbursement Account Limits



Each year, the Internal Revenue Service (IRS) issues inflation adjusted amounts for Flexible Spending and Reimbursement Accounts.

The 2024 calendar year limits are listed below.

Account Type	2024 IRS Limit
Health Care Flexible Spending Account (HCFSA)	\$3,200 maximum annual contribution
Limited Purpose Flexible Spending Account (LPFSA)	\$3,200 maximum annual contribution
Dependent Care Flexible Spending Account (DCFSA)	\$5,000 family maximum annual contribution
Commuter Parking	\$315 maximum monthly deduction
Commuter Transit	\$315 maximum monthly deduction
Carryover	\$640 of unused FSA funds can be carried over to the next plan year

To view the IRS Revenue Procedure 2023-34, tap here.

For the full list of FSA qualified expenses, please refer to IRS Publications 502 and 503 found on IRS.gov,

