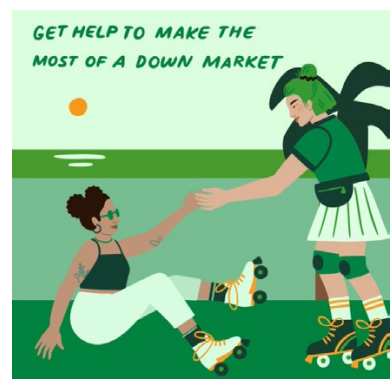
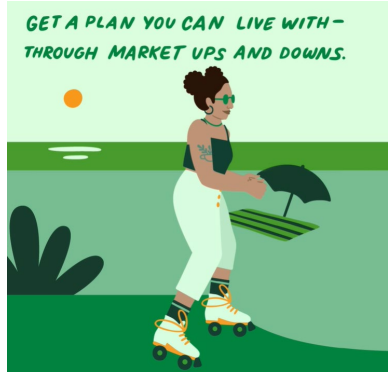


FidBits August 2022: Instagram Sneak Peak



When the market has its ups & downs, channel your inner cucumber. Here are 6 tips to roll with it:

- 1. Downturns are normal**
- 2. Find the right investment mix**
- 3. Don't try to time the market**
- 4. Be consistent even in bad times**
- 5. Take advantage of a down market**
- 6. Consider a hands-off approach**

Investing involves risk, including risk of loss.

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