How to keep a **health** emergency from becoming a **financial** emergency

Many people resort to taking a hardship withdrawal from their retirement savings when they have medical bills — a decision that can have a long-term impact on their retirement income. If you leave a little money in your Health Savings Account, it will be there when you really need it.

**31%** of hardship withdrawals from retirement savings are for health expenses

But people who have just $500 in an HSA are **half as likely** to take a hardship withdrawal

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1. Fidelity Investments recordkept data as of 12/31/2019, eCertified participant web entries