

Subject line: Softening the blow: Smarter ways to manage rising health care costs

Preheader: Your Fidelity Connection: News & insights for HR & benefits leaders.



Your Fidelity Connection

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News & insights for HR & benefits leaders

Softening the blow: How employers can reduce rising health care costs

Incremental fixes are no longer enough—here's how smarter plan design and strategic vendor management can help.

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From insights to impact: 2025 Annual Enrollment findings

Learn how offering guidance, clarity, and connected benefits creates a more effective enrollment experience—increasing employee confidence.

[VIEW THE FINDINGS ▶](#)

Unlocking employee loyalty through personalized benefits

How can benefits leaders better engage employees? Fidelity's Andrew Garstka shares how personalization and life-event curation are transforming benefits.

[READ THE Q&A ▶](#)

Introducing Advisor voices: A new video series

Follow along as we talk with advisors about the latest trends shaping the industry. In our first episode, Lisa Buffington discusses high-touch service and thinking beyond a retirement plan.

[WATCH NOW ▶](#)

Simplifying Public Service Loan Forgiveness

Navigate student loan forgiveness with our helpful, up-to-date resources—empowering employees to make informed decisions while reducing stress and increasing confidence.

[VIEW THE TOOLKIT ▶](#)



Elevating the employee experience

Discover the innovative ways Fidelity is empowering employees to act with confidence.

[View our roadmap](#)

LEGISLATIVE & REGULATORY

SECURE Act and SECURE 2.0 Act good faith amendment process

Fidelity will be contacting plan sponsors using Fidelity's preapproved plan document on a rolling basis by plan type.

[LEARN MORE ▶](#)

ICYMI: Q2 2026 legislative and regulatory spotlight

Missed the latest edition? Stay ahead of the latest legislative updates with insights and resources you can use.

[READ MORE ▶](#)

WEBINAR

In the Loop: Softening the blow—strategies for reducing health care costs

Escalating health care costs are straining the resources of employers, employees, and retirees. Join this discussion for high-value strategies to reduce the impact of health care costs.

[REGISTER NOW ▶](#)

KEY DATES

July is Disability Pride Month

Foster an inclusive environment with our ready-to-use resources so that every employee can make progress on their financial future with confidence.

[SEE THE RESOURCES ▶](#)

Look ahead: Cultural and heritage celebrations

September 15–October 15 is National Hispanic American Heritage Month. Check back in August for available resources and ways to engage employees.

2026 fiduciary calendar

Keep track of common tasks and deadlines to support your fiduciary duties.

[VIEW IMPORTANT DATES ▶](#)

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